

**OXFORD COUNTY
NAVAL VETERANS ASSOCIATION**

PORT AND



STARBOARD

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September 2026

O.C.N.V.A. Executive July 2026- June 2027

President.....	Bryan Bucholtz
Past President.....	Karen Sutherland
1 st Vice President.....	Dennis Beattie
2 nd Vice President.....	Jeremy Jackson
Treasurer.....	Josh Middleton
House.....	Peter Keith
Entertainment.....	George Spilak
Membership.....	Tracy Geilen
Publicity.....	Sandra Lightbody
Grounds.....	Bill Arthurs
Sports.....	Ed Cowie
Secretary.....	Marilyn McNeil
Master at Arms.....	Cheryl-Anne Haber
Directors.....	Bob Roloson
	Lyle Ball
	Dick Henshall
RCNA Director.....	Ken Eckenswiller

Oxford County Naval Veterans Association
(Woodstock Navy Club)

959 James Street, P.O. Box 20001,
Woodstock, Ontario Canada N4S 8X8

Phone: 519-537-8991

Email: office@ocnva.ca

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CLUB HOURS

Mon 11am-11pm
Tues 11am-11pm
Wed 11am -12am
Thurs 11am-12am
Fri 11am-12am
Sat 11am -12am
Sun- CLOSED



President

president@ocnva.ca



I hope all our members had a wonderful and relaxing summer! On behalf of the executives, I am happy to welcome everyone back as we kick off our new season. Autumn is coming and with it a busy schedule for the club: Thursday's dinner, Friday's lunches and dinner, are all returning with some of your favourite meals.

Sept and October see the start up of our leagues, watch for sign up sheets in the gangway.

Just a few reminders

- We are not open to the public; we are a member only club! Make sure you are signing in your guests.
- Leagues are for members only.
- As we approach the end of our year 2026 membership, this is a friendly reminder regarding our attendance policy. All members residing in Oxford County are required to attend at least one meeting per year to maintain active status and to keep your membership.

The annual RCNA Sports Day is being held at our club on Saturday, Sept 19. Good luck to all our members who are participating. Let's bring home "the Cock of the Walk" again this year. Make sure to touch base with our sports chair, Ed Cowie! He's looking for a bunch of volunteers to help with games, and scorekeeping.

Please support our club by attending our booked meals and live entertainment. We rely on your participation to keep bringing you great events and food. Come out, enjoy the fun, and bring your guests—your presence makes all the difference.

Do more than belong; participate. Do more than care: help. Do more than believe: practice.

Bryan Bucholtz



- All Executives are **volunteers** who are not paid for their time or hard work. There is a total of 17 executive positions, see the front of the Port and Starboard to see positions and who holds them.
- Our staff comprises of 2 part-time office administrators, 10 bartenders, and custodial.

This meeting is dedicated to.....

HMCS Skeena



HMCS Skeena was lost in a storm on the night of October 24, 1944. She was anchored off Iceland and dragged her anchor and grounded in 50-foot (15 m) waves and was wrecked., with the loss of 15 crew members.

loss of 15 crewmembers.

We must never forget their sacrifice.



Past President

I hope everyone had a good summer break.

If you have questions, concerns, or ideas to share, I encourage you to attend our next General meeting. Please bring them up during New Business so we can discuss them together. You do have the option to submit it in writing to the executive via email or a written form and hand them in to the bar.

I would like to ask you to be considerate of the executive's personal time. While we want to hear what you have to say, there are appropriate ways to make that happen, and it is not during their social time at the club. Please take the necessary steps without infringing on the executive's social time.

Karen Sutherland





House

Peter Keith

Oxford County Naval Veterans Association

Bartenders

Daytime..... Dan Wilkins

Evenings and Weekends - Alphabetical)

Tracy Ditchfield

Jamie Dixon

Mark English

Heather Ewen

Steve Gilbert

Sean Jackson

Jim Keith

Lindsay Lenauskas

Marianne McMahon



Monday, September 7th

OPEN 11 am – 8 pm

Club Courtesy

Please make sure you and your guests are returning glasses, bottles and cans to the designated area or the bar.



By-law page 31 (E) Conduct of Members #4.



Members must have their membership card when on the OCNVA premises and be prepared to produce it upon request by the Bar Stewart or any Executive Member at any time.



September AT A GLANCE

Meals and entertainment

Monday, Sept 7	Labour Day	open	11 am -8 pm
Monday, Sept 7	Football bus trip – off site		
Thursday, Sept 10	Wings		6-8 pm
Thursday, Sept 10	Football on TVs	8:20 pm	
Thursday, Sept 17	Dinner		6-8 pm
Thursday, Sept 17	Football on TVs	8:20 pm	
Friday, Sept 18	Lunch		12noon
Friday, Sept 18	Dinner		5-7 pm
Friday, Sept 18	Live Entertainment		7-10 pm
Cobby's Kitchen Party			
Saturday, Sept 19	RCNA Sports day		11am-6 pm
Monday, Sept 21	Executive Meeting		7 pm
Thursday, Sept 24	Dinner		6-8 pm
Thursday, Sept 24	Football on TVs	8:20 pm	
Friday, Sept 25	Lunch		12noon
Friday, Sept 25	Dinner		5-7 pm
Friday, Sept 25	Live Entertainment		7-10 pm
The BureauCats			
Wednesday, Sept 30	Steak Dinner		5:30-7 pm
	General Meeting		8 pm

See Page 13 for Thursday dinner, Friday lunch and Friday dinner menus.

All meals and entertainment are subject to change or cancellation.

Watch for notices in the gangway or on Facebook.



Ringling of either ship's bells, which are hanging in the club room... constitutes the person who rang the bell to buy a round for everyone in the club! Don't ring it unless you plan on following this protocol.



Leaves are Falling

Autumn is Calling

Executive July 2026-June 2027



President
Bryan Buchholz



Past President
Karen Sutherland



House
Peter Keith



1st vice
Dennis Beattie



Treasurer
Josh Middleton



Secretary
Marilyn McNeil



Entertainment
George Spisak



Publicity
Sandra Lightbody



Master at Arms
Cheryl-Anne Huber



Membership
Tracy Golen



Sports
Ed Cowie



Grounds
Bill Arthur



2nd Vice - Galley
Jeremy Jackson



Dick Marshall



Directors
Bob Roloson



Lyle Ball



RCNA Director
Ken Eckenswiler

1st Vice

Keep the Club Informed

When you know of a Veteran, Club member, or immediate family of a club member who has “Crossed the Bar” or is in the hospital, please let us know by contacting the Club’s office at 519-537-8991. office@ocnva.ca

Dennis Beattie



CROST THE BAR

Sympathy donations have been made in the name of the following:

Members

Robert MacDonald	July 9, 2026	O.C.N.V.A. MEMBER
Robert Lazenby	July 16, 2026	O.C.N.V.A. MEMBER
Brenda Murphy	July 18, 2026	O.C.N.V.A. MEMBER
Sue Robblee	July 29, 2026	O.C.N.V.A. MEMBER
Albert Badger	August 3, 2026 (103yrs)	O.C.N.V.A. MEMBER (H)



Rick D'Entremont August 16, 2026 O.C.N.V.A. MEMBER (L)
O.C.N.V.A. President: 2008, 2009, 2010, 2011, 2017 2018



NAVY LINGO we use!

- ✓ **Galley**: The ship’s kitchen – *our kitchen*.
- ✓ **Gangway**: the ramp or bridge for boarding and disembarking a ship
–*our front entrance way*.
- ✓ ***Port**: The left side of the ship when facing the bow.
- ✓ ***Starboard**: The right side of the ship when facing the bow.
The **Port and Starboard is our monthly news booklet, with executive reports, meals, entertainment and club news. It can be found in hard copy, online and emailed out to members.
- ✓ **Bravo Zulu**: A phrase meaning "well done".
- ✓ We are the **Oxford County Naval Veterans Association**,
- ✓ AKA- The Navy Club.

Meeting Dates

Executive Meeting

Monday, September 21, 2026

7 pm

(fireside room)

General Meeting

Wednesday, September 30th

8 pm

Steak Dinner \$22.00

Served between 5:30 pm – 7:00 pm

General Meeting Steak Dinner Pre-Buy Dinner Ticket

Steak Dinner tickets can be purchased

BEFORE General Meeting Night.

Starting the Monday of the week
before the meeting, tickets will go on
sale for the steak dinner.

Guests are permitted to the steak
dinner, but only members can attend
the meetings.



Sunday, October 25, 2026
Breakfast and Daytime General Meeting
Watch for details





Publicity

Posting and Promoting in the gangway and on Facebook

As our club has grown to nearly 900 members, we must maintain guidelines for what gets posted to keep our communications clear and organized.

Let's keep our gangway focused on the club news so it stays neat and helpful for everyone. Only Navy club meals, entertainment and events are to be posted in the gangway or posted on Facebook.

Clear Rules

- We only post content about the OCNVA.
- We do not post about private parties or personal events.
- We do not post the selling of any personal items.

Do You Know “What’s happening at the Club?”

FLYER POSTINGS - inside the club in the gangway. Flyers are posted for upcoming events and meals.

FACEBOOK – is kept up daily on what’s happening now and in the coming week.

PORT AND STARBOARD NEWS BOOKLET- is published monthly (July & August has a summer issue), a limited number of paper copies are available, it is posted on our website and emailed out to members (if we have your email address).

WEBSITE – *Oxford County Naval Veterans Association, the Woodstock Navy Club* – posts upcoming events, meals, entertainment. Has club information, dress code, veterans’ resources, etc.....

Sandra Lightbody



- **Total Ban:** Suspended members are prohibited from entering club premises entirely, regardless of whether it is during normal operations or a private event.
- **No Guest Rights:** A suspended member cannot be signed in by another member to attend special occasions, such as private parties, banquets, or celebrations of life.



Membership

membership@ocnva.ca



For those I haven't yet had the pleasure of meeting, my name is Tracy Geilen, and I'm very happy to be joining the O.C.N.V.A. Executive as Membership Chair.

I'm truly grateful for the opportunity to be involved and to help welcome both new and returning members to the Navy Club family. The club is made special by the friendships, support, and dedication of the people who make up our membership, and I'm proud to be part of such an amazing community.

Whether you're a new member or have been part of the Navy Club for many years, I encourage you to get involved, share your ideas, and join us for the many events and activities we have planned. I look forward to getting to know more of you and working together to make the Navy Club an even stronger and more welcoming place for everyone.

I would also like to offer a heartfelt thank you to our past Membership Chair, Dick Henshall, for allowing me to shadow him during his 2025–2026 term. His experience, dedication, and leadership have been invaluable, and I sincerely appreciate the time, guidance, and support he provided throughout the transition.

I look forward to meeting you during the 2026–2027 term and supporting the continued growth, connection, and success of the Navy Club.

2027-2028 Membership cards will be printed next month and available at the October General Meeting. I encourage you get your yearly meeting in and when attending the meeting, purchase your 2027-28 membership early. Renewing your membership before December 31, 2026, allows you to be entered into the draw to win your 2027-2028!

I have updated the process for new members to receive their membership cards.

New members will no longer pick up their new membership cards at the bar. Each person must attend a **General Meeting**, pay their dues, collect their welcome package and membership card. I will be available after each meeting to answer any questions they may have and give them a small tour if they choose to do so. Receiving an email **does not** make them a member; **membership begins only after they attend their first meeting.**

Membership totals are as follows:

Navy: 22 Associate: 42 Affiliate: 450 Social: 380 L/P/H: 19 - Total Members: 913
There are currently 53 applicants on the waiting list. Please email me at anytime if you have any questions or concerns regarding membership: membership@ocnva.ca

Thank you, Tracy Geilen

We are nearing the end of the 2026 membership year. Please review the mandatory requirement for all Oxford County members:

- **The Rule:** You must attend at least one General meeting per year.
- **The Penalty:** Missing this requirement results in loss of membership and a 1-year club suspension from the Club or Private events at the club.
- **Your Next Steps:** Attend one of the few remaining meetings or email a written explanation immediately to membership@ocnva.ca if you cannot make it.



Treasurer

The Association's financial records have been fully reconciled for the reporting period. All transactions were reviewed for accuracy, and no irregularities or outstanding liabilities were identified.

During the summer, a formal Association-wide budget has been approved and implemented, providing the Board with a structured framework to exercise governance, oversight, and financial control. The introduction of a formal budget strengthens financial governance and provides the Board with clearer controls to support responsible decision-making and long-term sustainability. The Association remains in a stable financial position.

The financial statements will be posted in the gangway for any member to have a look at them.

Josh Middleton



Secretary Marilyn McNeil

secretary@ocnva.ca



Navy League of Canada
Woodstock Branch

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SHARE THIS PROMO CODE WITH YOUR FRIENDS

**LAST
CHANCE**

OCNVA Colour Party



Fall Horse Races



1:15 pm post time

Sat. October 10

Sat. October 17

Sat. October 24



Available from the bar



- Variety of sandwiches
- Subs (when available)
- Chips (variety)
- Pickled eggs



MMMM



Now
Available
Pickled Eggs



1.00 each

from the bar

Saturday Lunches

Volunteers needed to prepare a Saturday lunch!

We have over 800 members and only need a few to pick a Saturday and prepare a lunch.

Something simple as soup/sandwich,
hamburgers/fries
or something more.....you choose.

*It's a great way to have fun with friends
and support your club!*

Sign up yourself or your group

**The sign-up sheet is in
the gangway.**



From the Galley

Football Season - Thursday Nights

Starting Thursday, Sept 10t

Food served 6 pm – 8 pm

Game at 8:15 pm



September 10th - Wings only

September 17th - Wings and BLT with fries

September 24th - Wings and Loaded Nachos or Loaded Fries



Friday Lunch & Dinner

Starting Friday, September 18th

Lunch 12 noon \$15.00

Friday Sept 18 TBA

Friday, Sept 25 TBA

Dinners 5-7 pm \$15.00

Friday, Sept 18th - Wings or Philly cheesesteak with fries/salad

Friday, Sept 25th – Chicken Parmesan with noodles with garlic
bread/salad

All meals are subject to change or cancellation.



With the increasing cost of take-out containers,
please bring your own container for your leftovers or
pay a minimum \$2.00 donation for a takeout

SEPTEMBER

*PP – Private party

*All meals and events are subject to change or cancellation.

See the sports calendar
for leagues and times pg 23

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
		1	2	3	4 pp 6pm-12am	5
6	7 Labour Day Open 11am-8pm CFL Bus Trip 9am depart 	8	9	10 6pm-8pm Wings 8:20pm Football 	11 No Lunch No Dinner	12 pp 2-5pm Fireside PP 2-4pm
13	14	15	16	17 6pm-8pm dinner 8:20pm Football 	18 Lunch 12noon Dinner 5-7 pm  Cobby's Kitchen Party 7-10pm PP 7pm-12am	19 RCNA SPORTS DAY 11am-6pm
20	21 Executive Meeting 10 am	22	23	24 6pm-8pm dinner 8:20pm Football 	25 Lunch 12noon Dinner 5-7 pm  The BureauCats 7-10pm	26 PP Private Party Wedding 6pm-12am
27 pp Private Booking 9-1	28	29	30 Steak Dinner 5:30-7pm General Meeting 8 pm			

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Where?

Woodstock Navy Club
959 James St., Woodstock



When?

Sunday, September 27
10:00 a.m. – 12:00 p.m.



Enjoy a complimentary breakfast and informative session.

Hosted by



Julie Brenneman
Mortgage Broker



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Heritage House Ltd.



Bonnita Vanderklooster
Realtor®



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Entertainment

George Spilak

Friday, September 18
Live Entertainment 7-10 pm

Cobby's Kitchen Party

Friday, September 25
Live Entertainment 7-10pm

The BureauCats



ОТКРЫТОЕ ИСХОД
АВ
The
BureauCats



Woodstock Navy Club

Friday, Sept. 25*

7-10pm

INTERNATIONAL



**NO DRINKS
ON THE
DANCE FLOOR**

Thank you for helping keep our members safe.

The club will be hosting the following ticketed events,
and the CLUB will be closed those nights to non-ticket holders.
The club will close at the said times for set up.
Thank-you for your cooperation.

Halloween Party -club closes 5pm re-open 6pm for tickets
New Year's Eve - club closes 5pm re-open 6pm for tickets

For all other ticketed events, & Christmas parties, the partition will be closed
and all members without tickets can use the Sports room or
the patio. There is a side bar for ordering drinks in the Sports room.

- Peanut butter
- Jam
- Cheez Whiz
- Canned Meats
- Instant Oatmeal Packets
- Juice Boxes
- Instant mashed Potatoes
- Sidekicks
- Pudding cups
- Applesauce
- Chunky Soups
- Canned pastas
- Canned Beans



Ticketed Event!

MEMBERS AND THEIR GUESTS ONLY

Tickets must be purchased by members only!

\$10.00 per person- limited 4 ticket purchase max!

140 tickets available

The Navy Club will be closed 6 pm-12 am (ticket holders only)

Front doors will be manned, and tickets will be collected!

Tickets will go on sale Saturday, Oct 3rd

TICKETS ON
SALE Oct 3rd

OCNVA Woodstock Navy Club

Halloween Party

Saturday, Oct 31st

8 pm -12 am

Live Entertainment by

The Vineyard

Tickets \$10.00pp

Costumes are Encouraged

MEMBERS AND GUESTS with tickets ONLY!

The front door will be manned, and tickets will be collected.

The clubs' room will be closed 6 pm -12 am (ticket holders only)

140 tickets only

Max 4 per member

Only members can purchase tickets



Grounds

I hope everyone had a great summer!

As you can tell the ground crew assisting me with grounds, have done a great job on the yard. It looks great! Thanks to Julie Porter, Rob Osmond, Karl Peckham, Steve Brown and Tyler Rivers for their hard work and making grounds an easy job for me. Help keep the Navy club grounds clean, no littering, put your cigarette butts in the containers provided and if you see garbage, please pick it up and dispose of it.

Bill Arthurs



Secretary

secretary@ocnva.ca

Marilyn McNeil

Executive email addresses

President	president@ocnva.ca
	-Any issues or inquiries about the club.
Secretary	secretary@ocnva.ca
	-correspondence
Publicity	publicity@ocnva.ca
	-publicity, email addresses
Entertainment	entertainment@ocnva.ca
	-entertainment bookings and correspondence
Membership	membership@ocnva.ca
	-Membership-related issues
House	house@ocnva.ca
2 nd vice – Galley	2ndvice@ocnva.ca
Treasurer	treasurer@ocnva.ca
Sports	sports@ocnva.ca

Signing up

When signing up for an event, league, tournament, table reservation, etc....

- ✓ **.Your name must be in full - first and last name.**
- ✓ **It must be legible – unreadable names will be discarded.**
- ✓ **Membership number must accompanied your name.**





Directors Bob Roloson ★ Dick Henshall ★ Lyle Ball

Providing an update on the progress of the pond and where we stand near the end of August 2026.

First off, I want to thank our Past President, Karen Sutherland, for starting the conversation with the city and not letting up along the way. Thank you for writing the letter that was posted in various spots in the media.

After our media blitz mid-June, there was the beginning of clear and concise conversation between the Woodstock Navy Club and the City of Woodstock. Near the end of June, we were provided with the draft report from the city consultants, AECOM Canada ULC. out of Kitchener, Ontario. The Consultants provided five (5) possible solutions to fix the problem with our reduced water level in the pond. One of the five solutions was something our team suggested back in the very beginning. The work involves draining the pond to a point where workers and machinery can safely work, excavating a sizeable trench and backfilling the trench with blue clay that would plug the flow of water going to the City Works building across the street.

Near the end of June is when our President, Bryan Bucholtz, our House Chairman, Peter Keith and myself sat down and discussed a possible solution. We arranged a meeting with Mayor Acchione and presented the solution that would work for us as well as the City of Woodstock. City Staff then proceeded with the writing of an agreement between the city and the Woodstock Navy Club. That solution was to pay the Woodstock Navy Club a lump sum payment, and we would take care of the repair work ourselves. This repair work will be completed by our member, John DeVries, who has done work on the pond on two separate occasions for us. John has also completed similar repairs in other areas of the County that were experiencing the same problem as we are in our pond. Hopefully this work can start sometime during the fall/winter when the water level will be at its' lowest.

At the regular City Council meeting on August 13, 2026, Council approved a payment be made to the Woodstock Navy Club and we would complete the repair ourselves. We did have to sign a legal agreement with the City of Woodstock. This agreement was reviewed by our lawyer, John Park, who was in favour of the wording of the agreement and advised us that we should sign the agreement with the City of Woodstock.

I would ask that our membership refrain from communicating publicly, either written or oral on this matter. Our agreement with the city is a fair one and this matter will now be closed.

We are now nearing the conclusion of the pond issue. I want to thank City Staff, Harold deHann and David Creery, for brokering this deal and allowing us to move forward with the repairs.

Lyle Ball





Master of Arms

Cheryl-Anne Haber



RCNA Director

As a first report, I would like to say that I am honoured to represent our club as the RCNA director. I have some big shoes to fill. Everyone should be grateful for the outstanding job that Fred did. I am going to do my best to not let him down.

I will be representing the club at the annual meeting of the RCNA. This way I will personally get to "know the players" at national, so as to have a better understanding as to what we as a club need to do to become even better.

Ken Eckenswiler

The RCNA currently has 16 chartered clubs, with 15 being active. Sadly, our friends in Kelowna, BC suffered significant losses over the past year with the passing of their two biggest advocates.

British Columbia(3)-Comox RCNA, Vancouver NVA, ~~Kelowna NVA~~(inactive)

Alberta (2)- Edmonton RCNA, Calgary NVA

Ontario (9)- Admiral Hose RCNA(Windsor), Brant NVA, Kitchener-Waterloo NVA, Niagara Region RCNA, North Bay RCNA, Oshawa Naval Veterans, Oxford County RCNA(Woodstock), Samia RCNA, Sudbury NVA

Novia Scotia (2) – Adm. Murray – New Glasgow, Peregrine RCNA- Halifax

RCNA Prayer of Remembrance

To the memory of those stout hearts, our shipmates and
messmates who have not returned and will not be returning
from the dark waters.

Somewhere in those unlit depths today they lie,
a torn steel hull their sepulcher, an ocean floor their abbey.
One remembers them not alone for the gallantry
of their sacrifice, but too because somehow
one's own life seems the richer for
having known their friendship.

STAFF PARKING

For the safety of our bartenders working at night and closing late, we will be designating 2 parking spots close to the galley exit for our bartenders. Please be respectful of this and do not park in these spots. We want our bartenders to be as safe as possible when closing at night. Thank you.



O.C.N.V.A. – Navy Club
Clothing



Clothing with the Navy Club Logo
(and Personalization- if wanted)

Can be purchase anytime.

All orders and payments are due by the end of each month

All items are “under Armour Dri-fit” material
See the office for ordering, and sizes



Long sleeve shirt \$60



Hoodies (pullover or zip up) \$80



Long sleeve collar shirt \$60



Golf shirt \$55



T-Shirt \$50

GREAT GIFT IDEAS

- ❖ FATHER'S DAY
- ❖ ANNIVERSARY
- ❖ BIRTHDAY

Our shuffleboard, darts, and pool tables are available for our members to enjoy during non-league times. We kindly request that you take note of the scheduled league times and ensure your gameplay is completed without impacting the start times of the league.

Thank you for your cooperation



Sport's

RCNA Sports Day preparations are well underway and we are looking great this year.

Most categories have a lot of participants but there are a few where we could still use a few more people to join in the fun. There are 3 openings for Men's Darts, 4 in Ladies Darts, 2 in Competitive Golf and 4 openings in Washoes.

There are points awarded for first, second and third place, so it's very important to have each sport filled with fiery competitors!

We also need a few people to help run the events. A person who could take down the scores and report them to me after the games are completed.

Please let me know if you are interested in helping the OCNVA dominate the other two branches this September 19th.

Ed Cowie



Reserving the Club for a birthday party, anniversary, retirement party, etc.... invites!

Help prevent unwanted guests or accidental "viral" situations.
Keep your invites to personal invitations
(ie textes, Private messages, Paper invites)



NO SOCIAL MEDIA INVITATIONS
(Facebook, Instagram, mass emails).

Please let your family members and friends know!

**If your event is found to be advertised, promoted, or shared
on any social media platform, it can be cancelled immediately without
refund.**



As a private club, this facility is not open to the public.
Events are strictly restricted to invited family and friends of the host

September

LEAGUE PLAY

	Mon	Tue	Wed	Thurs	Fri	Sat
		1	2	3	4	5
Blue – Shuffleboard Green- Darts Black – Snooker Purple- Bean Bag toss Red – Club priority						
6	7	8	9	10	11	12
	Labour Day Open 11am- 8pm	Ladies shuffle board 12:30pm	Mixed darts 7pm			
13	14	15	16	17	18	19
	Last night 6:30pm Summer Cornhole	Ladies shuffle board 12:30pm	Mixed darts 7pm			RCNA SPORTS DAY 11am - 6pm
20	21	22	23	24	25	26
		Ladies shuffle board 12:30pm	Mixed shuffleboard 11:30am Mixed darts 7pm	Mixed Shuffle Board 6:30pm		
27	28	29	30			
		Ladies shuffle board 12:30pm	Mixed shuffleboard 11:30am General Meeting 8pm			

O.C.N.V.A. Sports Committee

Hoping everyone had a fun-filled summer with lots of time with family and friends.



The Sports Committee's upcoming events include the Oktoberfest Dinner on Saturday, October 3. Tickets are \$25.00 per person and are being sold at the bar. A great meal of Pork Schnitzel, Breaded City Chicken, Sausage & Sauerkraut, mashed potato & gravy, and a bun, being served at 5:30 pm. The music of Eric Hatzenbuhler will be playing from 8-11 pm, and all members are welcome to come out and enjoy the music.

The Sports Committee has planned a Hamilton Tiger-Cats bus trip on Monday, September 7th. The ticket includes a coach bus, ticket to the game, and tailgate food.

Have a safe and enjoyable Labour Day weekend.

Rob Osmond



O.C.N.V.A. Sports Committee

A festive graphic for the Oktoberfest Dinner. It features a central banner with the word 'Oktoberfest' in a decorative, stylized font, surrounded by autumn leaves and a green hat. To the right is a German flag. Below the banner, the word 'Dinner' is written in a bold, orange font. At the bottom, 'Saturday, Oct 3rd' is written in a large, bold, black font.

Oktoberfest

Dinner

Saturday, Oct 3rd

\$25.00 per person

◆ Pork Schnitzel ◆ City Chicken ◆

◆ Sausage & Sauerkraut ◆ Mashed Potatoes ◆ Bun ◆

Dinner 5:30pm

Tickets are sold at the bar.

Table Reservations are needed

Sign up at the time of ticket purchase.

Sign-up sheet in the Gangway



Music by Eric Hatzenbuhler and his band
8-11 pm



Colour Party

It has been a quiet summer for the Colour Party.

We are looking forward to Autumn, starting off with the opening ceremony for the Woodstock fair on August 21st at 17:30.

November we will be marching in the numerous Remembrance Day services as usual.



Fall horse races will be held in October - 10th, 17th and the 24th. We look forward to welcoming everyone back to the club for some fun afternoons. See you at the post.

I would like to say thank you to the Colour Party for marching at Jason Mayberry's Celebration of Life and thank you to Brian for being the master of ceremony. It was a great way to send off a long-time member of the Colour Party. Rest in peace Jason.

Looking forward to seeing everyone again and hope that everyone had a good summer.

Mary Couch
Bob Brown



CREAMY CHICKEN AND SPINACH QUESADILLAS



- 1 boneless skinless chicken breast (about 3/4 lb.)
- 3/4 tsp Chili powder
- 1/8 tsp garlic powder
- 1 Tbsp cooking oil
- 4 oz. Monterey jack cheese, shredded
- 4 8-inch flour tortillas
- 1/4 tsp cumin
- 1/4 tsp salt
- 2 cups fresh spinach
- 1/2 cup sour cream

Place the chicken breast on a cutting board and cover with a piece of plastic wrap. Use a rolling pin or mallet to briefly pound the chicken breast to an even thickness (this should only take 15-20 seconds). This will help it cook quickly and evenly without drying out.



Combine the chili powder, cumin, garlic powder, and salt in a small bowl. Sprinkle the spice mixture over both sides of the chicken breast.

Heat the cooking oil in a skillet over medium heat. Once hot, add the chicken breast and cook on each side until

cooked through (about 5 minutes each side, use a thermometer to make sure the internal temperature reaches 165°F). Allow the chicken to cool for 5 minutes on a clean cutting board, then chop into tiny pieces.

While the chicken is cooking, roughly chop the spinach into smaller pieces. Add the chopped chicken, spinach, cheese, and sour cream in a bowl



and stir until evenly combined.

Divide the filling between four tortillas, then fold the tortillas closed. Place the quesadillas (one or two at a time) in a skillet* over medium heat. Cook on each side until the tortillas are brown and crispy, and the filling is melted (3-5 minutes each side). Slice each quesadilla in half and serve.



Dipping sauces: Sour cream, Salsa, Pico de Gallo, Salsa Verde, Guacamole, Chipotle Mayo

Songs From the Year 2002

Find and circle all of the songs from 2002 that are hidden in the grid.

The remaining 21 letters spell an additional song title from 2002.

Answer on pg. 28

N	E	V	A	E	H	G	I	R	L	F	R	I	E	N	D	C	E
E	M	T	U	O	H	T	I	W	A	H	S	I	L	O	O	F	L
A	N	D	H	Z	Y	D	E	T	A	C	I	L	P	M	O	C	D
T	L	B	I	P	Y	S	E	L	G	N	E	H	U	A	F	A	D
T	O	L	P	L	C	A	F	C	A	T	L	U	O	E	U	D	I
Y	O	A	M	A	E	C	D	E	I	O	Y	H	Y	R	L	D	M
H	H	X	P	Y	R	M	L	Y	S	F	O	H	R	I	L	I	E
B	E	E	I	A	L	C	M	E	N	Y	I	U	D	A	M	C	H
Y	U	L	Z	C	S	I	Y	A	O	I	B	R	F	L	O	T	T
T	A	Y	L	D	I	O	F	G	I	S	A	O	C	S	O	I	S
H	O	D	N	A	U	T	I	E	T	T	M	R	G	A	N	V	I
E	N	A	Y	R	G	R	Y	I	A	I	Y	U	T	S	S	E	L
W	H	I	S	R	L	O	K	O	V	L	E	B	A	B	Y	Y	Y
A	S	E	H	T	E	R	O	H	I	L	H	E	R	E	I	A	M
Y	L	P	A	T	O	V	E	D	T	F	B	L	U	R	R	Y	D
F	F	L	I	W	O	R	E	M	O	L	D	I	S	E	A	S	E
Y	K	H	E	N	O	N	I	N	M	Y	P	L	A	C	E	A	D

ADDICTIVE
AERIALS
ALL MY LIFE
BABY
BLURRY
BY THE WAY
COMPLICATED
DAYS GO BY
DILEMMA
DISEASE

ESCAPE
EVERYDAY
FOOLISH
FOR YOU
FULL MOON
GIRL TALK
GIRLFRIEND
HALFCRAZY
HANDS CLEAN
HAPPY

HEAVEN
HELLA GOOD
HERE I AM
HERO
HEY MA
IN MY PLACE
LOSE YOURSELF
MOTIVATION
MY LIST
MY SACRIFICE

NOTHIN'
OH BOY
RAINY DAYZ
SPIN
STILL FLY
THE MIDDLE
TOXICITY
UH HUH
WITHOUT ME
WORK IT

A man received a text from his neighbour: "I am sorry Bob! I'm riddled with guilt and I have to confess. I have been tapping your wife for many weeks now, but that's no excuse. I hope you will accept my sincerest apology with my promise that it won't happen again."

The heartbroken man, enraged, went into his bedroom, grabbed his wife and threw her out the back door. Then he locked the door.

A few moments later, a second text came in: "Damn autocorrect. I meant WIFI, not Wife."

THE PORT AND STARBOARD



The Port and Starboard, a monthly publication edited and produced by Publicity Chairperson Sandra Lightbody on behalf of the Oxford County Naval Veterans Association (aka – the Woodstock Navy Club) and is free to all OCNVA members.

To view a copy, visit www.ocnva.ca, or there is a limited number of paper copies in the gangway or have it emailed to you as a member. publicity@ocnva.ca

EACH ISSUE CONSIST OF THE FOLLOWING:

- ★ President report
- ★ Executive reports
- ★ Upcoming events and entertainment
 - ★ Meals
- ★ Club news, and protocols,
- ★ League calendar and club calendar
- ★ General Meetings notices

“What if today, we were just grateful for everything?”
Charlie Brown

The hidden song title is: CAN'T GET YOU OUT OF MY HEAD



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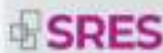
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I can't speak highly enough of Karen and the care she brought to every step of our journey. From the very beginning, she approached the process with kindness, professionalism, and an incredible amount of patience—especially as she worked alongside my elderly father and me during such an emotional transition.



Karen went far beyond what we expected from a realtor. She provided hands-on support with downsizing, helped coordinate an estate auction (including being onsite to help with sale), arranged movers, and helped ensure that items were thoughtfully donated. Every detail was handled with intention and care. What meant the most was her understanding and compassion. She took the time to support my father through a difficult and deeply personal process, always offering thoughtful guidance while respecting our pace.



Along the way, she became someone we truly trusted—not just as a professional, but as a friend. Her strong understanding of the market, combined with her insight into the true value of our home, ensured a quick and timely sale—something we are incredibly grateful for. We feel incredibly fortunate to have had Karen lead us through the sale of our family home. I would wholeheartedly recommend her to anyone navigating a move, especially during such meaningful life transitions. While no move is ever easy, Karen made the entire experience feel seamless and lifted so much of the stress from our shoulders. - Sue Gallo

